

Tips for Saving Other Resources

- *Reduce* what you buy, *reuse* everything you can, *recycle* what can't be reused. For a list of what can be recycled in DC call 202-737-4404 or go to dpw.dc.gov/node/418912.
- Thrift and consignment stores offer gently-used, quality products at prices that are dramatically lower than new goods.
- Consume fewer animal products. Industrial production of animal products has an incredibly high environmental cost, and eating less meat and dairy and more vegetables and fruits will decrease both your grocery bill and health care costs.
- Consume locally-sourced products whenever possible - they are often of comparable price and are generally of higher quality than products that have been shipped long distances.
- Avoid buying bottled water; buy a reusable water bottle instead. Tap water is far cheaper than bottled water and of comparable quality. For an app showing DC locations where you can fill your bottle, go to freetapwater.wordpress.com.
- Filter tap water at home instead of buying bottled water.
- Take your lunch in a reusable bag with reusable containers.
- Cancel junk mail and catalogs. You can stop 75% of all junk mail by opting out of national mailing lists via The Direct Marketing Association's Mail Preference Service for a \$1 fee: dmachoice.org. Another opt-out service is Catalog Choice: catalogchoice.org.

Tips for Saving Other Resources, Cont.

- Reduce your food waste by buying only what you need and saving leftovers.
- Compost your fruit and vegetable scraps. If you don't have space for composting, use services such as Fat Worm Compost (fatwormcompost.com; 202-362-9676) or Compost Cab (compostcab.com).
- You probably already bring reusable bags to the grocery store – why not use them any time you shop?
- Use rechargeable batteries. They cost a little more but over their lifetimes save money and lots of toxic waste.
- Properly dispose of household hazardous wastes. Annie's Ace Hardware, 1240 Upshur Street NW, recycles old batteries & light bulbs. Items such as electronic equipment & paint can be taken to the Fort Totten Transfer Station, 4900 John F. McCormack Drive NE on Saturdays, 8 a.m. - 3 p.m.



For more helpful tips, useful links, and a list of other information sources, visit our website: greenneighborsdc.wordpress.com.

If you are interested in helping out, feel free to **join Green Neighbors!** We're a volunteer group based in the Petworth, Park View, Brightwood, and Columbia Heights neighborhoods of Washington, DC. You can contact us at via our website or at 202-215-2000.

GREAT TIPS TO SAVE MONEY WHILE HELPING THE EARTH



We all can do our part to be a bit "greener" - to throw less away, to pollute less, to use less. Sometimes this can involve making a sacrifice - giving up something that you want in order to benefit the "greater good." But there are also a lot of ways that you can help the environment with small steps that actually save you money. This brochure suggests some ways that you can "go green" and save money at the same time!

